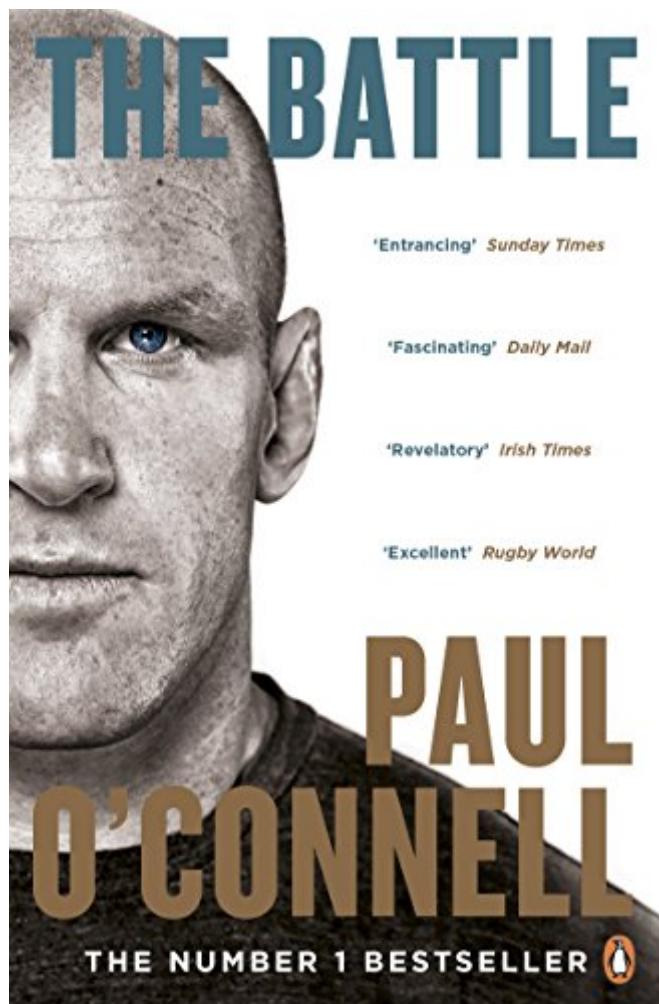


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The Battle



Synopsis

The revelatory autobiography of a rugby colossus: Paul O'Connell. WINNER OF THE CROSS SPORTS BOOK AWARDS RUGBY BOOK OF THE YEARThere has never been a rugby player quite like Paul O'Connell. He is synonymous with passion, heart and determination; but he is also the thinking man's rugby player, a legendary student of the game. As the heartbeat of Munster, British and Irish Lions captain in 2009, and captain of the first Ireland team to defend a Six Nations championship, O'Connell has emerged as perhaps the most beloved of the golden generation of Irish rugby players. In an autobiography as intense as its author, he tells the story of his remarkable career.'The years of O'Connell and O'Driscoll were as close to a golden age as ever Ireland will get and O'Connell's book tells you how it all happened ... It should be mandatory for every Irish squad member to read O'Connell's book to better understand what it takes to make a team' David Walsh, Sunday Times'O'Connell has emptied the tank here. ... What has come out ... is a psychological profile that is almost shocking at times in what it reveals about the bloody single-mindedness of the competitive gene' Hilary A. White, Irish Independent'The intense physicality of his rugby upbringing is an abiding theme ... along with humour, the craic and an extensive knowledge of how teams work' Paul Hayward, Daily Telegraph'I found The Battle entrancing' Stephen Jones, Sunday Times'Excellent ... [an] eye-opening account of the never-ending battles he fought' Rugby World'Revelatory ... Unflinchingly charts his personal evolution ... He is not at all easy on himself' Keith Duggan, Irish Times

Book Information

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Customer Reviews

Great read. "Paulie" has been an inspiration to a generation, not just those who play rugby but those who have pride in their roots, who are willing to put themselves on the line, who are not afraid to stand up and be counted, to stand up and fight. The Battle is a brilliant insight, a look into the mind of a truly driven soul, a modern day warrior. I am from Limerick and in a time when we have lost another true Munster warrior in Axel, this book highlights the pride of truly standing shoulder to shoulder.! For anyone who faces any battle in life, read it.

A great Man for communicating clearly and giving credit where credit is due to people who helped him throughout his life and career. Leads by example. His attention to detail is evident in this book. An entertaining read for any Irish or Rugby fan in general.

Amazing insights from one of Ireland's modern rugby legends. Honest, forthright, often self critical, a unique journey that takes the average spectator into the mind of a champion, with all the highs and lows that go to make the man and shape the sport

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This is a very honest, to the point memoir from Paul O' Connell. His self reflection is not all you'd expect. It's a great read for any sports fan.

An honest tale from an honest, hardworking Munster man. Success is not about the trophies. Wisdom replaces the fire of youth.

Honest and interesting insight in to a top professional athletes mind. No Irish rugby fan should be without it.

A fantastic book by a fantastic man. A real hero to us Irish. Inspired by his selfless determination during his career.

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